

## Be Angry - cont.

---

with their lying and hypocrisy, and the sinfulness among ourselves when we stray from God's word (Jeremiah 6:15).

### **When Does Anger Become Sinful?**

On the other hand, anger is sinful when it is not righteous indignation, but a work of the flesh (Galatians 5:20; Ephesians 4:31; Colossians 3:8). When anger is not controlled it is wrong (Titus 1:7; James 1:19-20). Anger is wrong when it turns into bitterness and when it will not be corrected.

### **What Can We Do About Anger?**

How can we control our anger so that it does not lead to sin? Here are a few suggestions. Do not overreact to situations (James 1:19). Look ahead for potential problems caused by out-of-control emotions (James 1:20). Step back and "take a breath" before reacting (Proverbs 29:20). Learn from your past mistakes in similar situations (Prov. 24:16). Forgive others (Ephesians 4:32). Make room for God to right all wrongs (Romans 12:17-19; 13:4-5). Follow the guide of God's word (Galatians 5:16; Colossians 3:10).

Be angry and sin not. - *Chris Reeves*

## Sentence Sermons

---

- To be a sound argument, the argument must first be true.
- Don't just stand for right things; stand against wrong things.
- To stay on the road to heaven, check the road map (your Bible) regularly.
- To go to heaven, follow your GPS (**G**od's **P**lan of **S**alvation).
- The fear of the Lord is wisdom.

Warfield Blvd. church of Christ  
290 Warfield Blvd.  
Clarksville, TN 37043

Website  
wbcoc.org

Assembly Times  
Sunday: 9:30 am, 10:30 am, 6 pm  
Wednesday: 7 pm

Everyone Is Welcome!  
For More Information Call  
(931) 647-1324

Published and Edited By  
Chris Reeves  
(615) 389-3250  
chrisreevesmail@gmail.com  
TheGoodTeacher.com

# THE WARFIELD BULLETIN

---

May 8, 2022



For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses.  
- 2 Corinthians 10:3-4 -

# Be Angry and Sin Not

---

*Be ye angry, and sin not: let not the sun go down upon your wrath:  
- Ephesians 4:26 -*

*Stand in awe, and sin not:  
Commune with your own heart upon your bed, and be still.  
- Psalm 4:4 -*

The apostle Paul wrote in Ephesians 4:26 to “be angry and sin not”. What does this mean? In what way can a Christian be angry as long as he does not sin?

## What Is Anger?

Anger (Greek *orge*), is an inward settled emotion that can be provoked, upset, disturbed, or irritated. Wrath (Greek *thumos*) is an outward and quick emotion. It is a highly agitated, burning anger, that leads to an unwanted outburst or display. Both words are used in a good and bad sense in the Bible

## Why Do People Get Angry?

There are a number of reasons why people get angry. First of all, anger is an easy outlet that doesn't take much effort. When a person gets angry, his anger leads him to believe that

he will be protected emotionally in some way. Anger also leads people to believe that they are empowered in some way. All of this, of course, is misleading because uncontrolled anger and wrath certainly offer no good benefit to anyone.

## How Is Anger Shown?

There are a number of ways that people show their anger. Sometimes people get angry and turn to evil (Psalm 37:8 Revelation 14:8; 18:3).

At other times, when people are angry they have jealousy (Mt. 2:16; Lk. 4:28; 15:28; Ac. 19:28) or use bad words (Matthew 5:22).

Sometimes people argue and fight when they get angry (Ephesians 6:4; 2 Corinthians 12:20; 1 Timothy 2:8).

In extreme cases, anger leads some people to murder (Genesis 4:5).

## Is Anger Always Wrong?

You may be surprised to know that the Bible teaches that there is a kind of anger that is acceptable among God's people. One can actually be angry without sinning. This is Paul's point in Ephesians 4:26 which is a reference back to the Old Testament

scripture of Psalm 4:4.

Anger toward sin is not wrong. We sometimes call this righteous indignation. This is the “wine of the wrath of God” mentioned in Revelation 14:10.

Moses had righteous indignation toward the Israelites and the golden calf (Exodus 32:10,19). Jesus had righteous indignation toward some of the Jews with their hypocrisy (Mark 3:5).

There are many places in scripture where are told about the wrath of God toward all sin, wickedness, and unrighteousness. This wrath is shown by God toward people in the world and God's own people (Matthew 3:7; Luke 3:7; John 3:36; Romans 1:18; 2:5,8; 5:9; 9:22; Ephesians 5:6; Colossians 3:6; 1 Thessalonians 1:10; 2:16; 5:9; Hebrews 3:11; 4:3; Revelations 6:16-17; 11:18; 14:10,19; 15:1,7; 16:1,19; 19:15).

We actually need more of this kind of anger in our lives today. We need more righteous anger toward the sinfulness in society like abortion, homosexuality, and trans-gender, the sinfulness in the media like movies and music that promote immorality, the sinfulness among celebrities and politicians